



MS. KUMUDHA N S

M.Sc Psychology

Assistant Professor & Counselor, Department of Psychology

Experience: 3 Years (Teaching – 1.5 Years)

Faculty Profile

Ms. Kumudha NS, a Consultant Psychologist, holds an M.Sc. in Psychology under Bengaluru City University. She is currently working as an Assistant Professor in the Department of Psychology at Soundarya Institute of Management and Science. Her professional training includes clinical exposure at Bengaluru Neuro Centre and Justice KS Hegde Charitable Hospital, where she gained experience in case history taking, mental status examination, psychological assessments, and therapeutic interventions such as behaviour therapy and relaxation therapy.

At SIMS she teaches Psychology for UG and Psychology for Life (MCA). Her areas of interest include counselling, behaviour modification, and mental health awareness. Her research work focuses on social stigma and discrimination faced by children of female sex workers and the development of a Seasonal Affect Pattern Self-Rating Scale. In addition to her academic career, she has experience in media, content creation, copywriting, and communication, contributing to various organisations and media platforms.

Research & Publications

- Research Interest: How modern parenting style relates to Psychology.
- Conferences / Seminars: National Conference on **"Unlock LGBTQ"**; National Conference on **"Changing the Face of Media"**.
- FDPs / Workshops Attended: 3.
- Ongoing / Completed Research Projects: 2.
- **Certifications:** Future Workspace Skills Training – American India Foundation; Certificate Course in Neuropsychology; Certificate Course in Solution-Focused Therapy; Training Program on Personal Effectiveness.

Institutional Responsibilities

- Committees / Clubs / Cells: Program Advisory Committee Coordinator, Cultural Coordinator, Student Wellness Ambassador, Institute Innovation Council Member, Student Counselling.
- Mentoring Responsibilities: Overall Counselor.
- Guest Lectures Delivered: Soundarya Law College & Soundarya School.

Contact & Academic Profiles

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